



Sunday 17th July

Dear Parent/Carer

Met Office weather warning – 18 and 19 July 2022

Following on from my update to you on Friday please find below further updates in line with advice from the Department of Education.

Keeping your child off school –

Please be aware that the Department for Education have issued guidance to schools which explains that headteachers must manage their own local circumstances. We will therefore be open on Monday and Tuesday unless guidance changes.

If your child has a known medical condition which will be exacerbated by extreme heat, or you would prefer to keep your child at home on Monday 18th July and Tuesday 19th July please let us know via the absence line in the usual way. Either calling **01283 562686** or email: office@hrb.srscmat.co.uk

Protecting Children

- Windows will be opened as early as possible each day, whilst the day is at its coolest. Windows will left only slightly open when the temperature outside becomes warmer than indoors. This will allow for ventilation whilst keeping the heat out.
- Pupils in early years and KS1 will remain indoors for break and lunchtime unless the temperature inside exceeds the temperature outdoors, in which case, children will sit outdoors in the shade for short burst of time.
- Pupils in KS2 will remain indoors at lunch time and will have a break with shade in the morning.
- Students should come to school with a full refillable water bottle. This can be refilled during the day.
- Children to have sun hats
- Children should not take part in vigorous physical activities outdoors when temperatures exceed 30 degrees. As such, all PE lessons will be adapted as necessary.
- Pupils should apply sunscreen before coming to school and have sufficient for them to reapply during the day.
- The use of electrical lighting and equipment will be kept to a minimum at the

hottest point of the day. Where more benefit will be felt by pulling down window blinds, electrical lighting may have to be used.

Our First Aid trained staff will be aware of the common signs and symptoms of heat exhaustion and heatstroke.

We are fortunate in that a number of our classrooms upstairs and in the mobiles have the benefit of air conditioning. Pre-school, FS2 (Reception) and Year 1 are the only classrooms to not have this facility. Having given particular consideration to this and the fact that the pupils affected are the youngest in the school, we are offering the option of an early collection time (12:30pm) for these pupils.

If you would like to take up the option of early collection, please complete this form to help us prepare. <https://forms.office.com/r/hKwdqzTq2B>

If you have a children in other classes, they may also be collected if you wish or can stay with their peers until the end of the school day. We are happy to send work home for the afternoon sessions.

This adjusted collection time is completely optional and we are happy to have the children in school for the full day if you would prefer.

Breakfast and after school clubs will run as normal.

We will ensure that all guidelines, and safety measures are taken whilst pupils remain in school. The pace of work will be adjusted to support this as well.

Summer safety reminders

Please find below of this letter further guidance on keeping your child safe this summer.

Further updates

If there is any updated information from the Met Office or Department of Education which affects our plans, we will inform you as soon as possible.

Thank you so much for your continued support.

Marie Dyche



Headteacher

Keeping children safe during hot weather



- Are you aware children are more vulnerable to the hot weather?
- Children cannot control their body temperature as efficiently as adults because they do not sweat as much.
- Here are some top tips to keep children safe in the heat.

Stay cool

Avoid direct sunlight during the hottest times of the day from 11am – 3pm.

Be prepared!

Think about signing up to the Met office alerts and watch the weather forecast to prepare for heatwaves.

[Met Office Alerts](#)

Ensure you are aware of the procedures in your setting if there is a heatwave and any action you may need to take.

Staff should be aware of health risks from heat, including heat stress, heat exhaustion & heatstroke. It is important to be aware of the symptoms and how to treat.

[Looking after children and those in early years settings during heatwaves](#)

Stay hydrated

Provide and encourage frequent drinks to children to ensure they are hydrated.

Staying safe outside

Ask parents to dress children in loose-fitting, light-coloured clothing that covers as much of their child's body as possible.

Children should wear hats that shade the face, neck, and ears.

Apply sunscreen before going outdoors and reapply every 2 hours.

Children should be encouraged to stay in the shade as much as possible.

Remember:

- ✓ The best way to enjoy the sun safely and protect your skin is to use shade, clothing, and sunscreen
- ✓ Shade and clothing are better than sunscreen at protecting your skin.
- ✓ Sunscreen shouldn't be used to spend longer in the sun. But they can be useful for protecting the parts of the body not covered by clothing or shade.

Note: This guidance applies equally to adults.

For more information visit: [Keeping cool in summer - Derbyshire County Council](#)



CDOP HOT TOPIC: OPEN WATER SAFETY

JULY 2021

Summer Water Safety

On a hot day, it might seem like a great idea to cool down in open water. Water may look safe, but it can be hazardous. There are too many risks that you can't see hidden below the surface.

Unattended rivers, lakes & reservoirs can seem like exciting places to explore, but they can be unsuitable or unsafe for swimming, and full of dangers. The remoteness of some of these places can also hamper and delay rescue attempts. The dangers of water can include:

- Very cold temperatures
- Hidden currents
- Water can often be deep—it is difficult to estimate depth.
- It can be difficult to get out (especially steep, slimy banks)
- There are no lifeguards on duty.
- There may be hidden debris or underwater hazards which can cause injury, including weeds which can entangle people underwater.

Top tips for staying safe around water

- Take notice of safety information, warning signs & flags.
- Do not jump/dive into rivers. Quick entry into cold water can cause your body to go into shock. It is also difficult to judge the depth and there can be hidden dangers.
- Be aware of strong currents and don't go into water near locks, weirs, sluices or bridges, as these structures can be linked with strong currents.
- The water in rivers/lakes can be colder than you expect at any time of the year. Cold water will affect your ability to swim, look after yourself, or rescue others. It's a key reason why people drown.
- Get trained in lifesaving & resuscitation techniques. Know what to do in an emergency.
- Floating devices can easily be carried into deep water and may not keep you afloat.
- Consuming alcohol or substances (drugs) will impair your ability & judgement around water.

Parents/Carers can help keep children in their care safe by:

- Teaching them to swim.
- Warning them not to go into the water alone, or unsupervised.
- Ensuring that they know where the children are and what they are doing
- Supervising them closely when near any open water.

More than 50 children a year in the UK die from drowning.



Drowning is among the leading causes of accidental death.

It can occur very quickly, even in shallow water.

It is often young people who get into trouble whilst swimming in open water. Cold waters, strong currents and other hazards increases the risk of accidental death by drowning.

Under-estimating the dangers of water can have tragic consequences.

USEFUL LINKS/RESOURCES:

[Canal & River Trust Summer Water Safety](#)

[Safety on our waterways](#)

[Canal & River Trust Learning Bundle](#)

[Water Safety Leaflet](#)

[Child Bereavement UK Support](#)

[Gov - Stay safe around rivers](#)

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